

Přehled zastoupení zaměstnanců vykonávajících noční směny v Evropské unii v letech 1991 - 2021

Metodologie a reference

Metodologie - vlastní zpracování na základě dat

1 Eurostat

https://ec.europa.eu/eurostat/databrowser/view/LFSA_EWPNIG/default/table?lang=en

Další reference:

1 The night-time economy, UK: 2022

<https://www.ons.gov.uk/businessindustryandtrade/business/activitysizeandlocation/articles/thenighttim eeconomyuk/2022>

2 Night Shift Work Increases the Risk of Asthma

<https://www.medrxiv.org/content/10.1101/2020.04.22.20074369v1>

3 A 34-year overview of night work by occupation and industry in France based on census data and a sex-specific job-exposure matrix

<https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-022-13830-5>

4 Shift and night work and long working hours--a systematic review of safety implications

<https://pubmed.ncbi.nlm.nih.gov/21290083/>

5 Health in a 24-h society

<https://pubmed.ncbi.nlm.nih.gov/11583769/>

6 Health problems due to night shift work and jetlag

<https://pubmed.ncbi.nlm.nih.gov/15252716/>

7 The Effects of Shift Work on Sleeping Quality, Hypertension and Diabetes in Retired Workers

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3745433/>

8 Night and shift work and incidence of cerebrovascular disease – a prospective cohort study of healthcare employees in Stockholm

https://www.sjweh.fi/show_abstract.php?abstract_id=3986&fullText=1

9 A Narrative Review of the Carcinogenic Effect of Night Shift and the Potential Protective Role of Melatonin

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10416670/>

10 The impact of shift work on the psychological and physical health of nurses in a general hospital: a comparison between rotating night shifts and day shifts

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5028173/>

11 Sleep Traits, Night Shift Work and Lung Cancer Risk among Women: Results from a Population-Based Case-Control Study in France (The WELCA Study)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9740028/>

12 Sleep characteristics, light at night and breast cancer risk in a prospective cohort

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5633507/>

13 How the Intensity of Night Shift Work Affects Breast Cancer Risk

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8123502/>

14 Night shift work characteristics are associated with several elevated metabolic risk factors and immune cell counts in a cross-sectional study

<https://www.nature.com/articles/s41598-022-06122-w>

15 Rotating Night Shift Work and Healthy Aging After 24 Years of Follow-up in the Nurses' Health Study

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2791848>

16 The Relationship between Working Night Shifts and Depression among Nurses: A Systematic Review and Meta-Analysis

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10094007/>

17 Lifestyle Factors in the Association of Shift Work and Depression and Anxiety

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2808248>

18 Increased injuries on night shift

<https://pubmed.ncbi.nlm.nih.gov/7934499/>